

REGISTRATION

Fill out and sign the attached registration form and mail it, along with a cheque and a copy of your Masters Swimming Association Card by February 3, 2003. Proof of your Masters Swimming Association Membership is required to maintain our insurance coverage.

Contact Us: Jeffrey Cucksey, Swim Meet Coordinator 28 Lorne Ave., Ottawa, Ontario Canada K1R 7G7 (613) 230-4473 E-mail jeffrey.cucksey@sympatico.ca	Tony MacPhee Swim Meet Co-coordinator (613) 828-1706 E-mail tony.macphee@nrcan.gc.ca
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THE SWIM MEET

Pool

University of Ottawa, Montpetit Hall, 125 University, Ottawa, Ontario
Two 25M pools; 8 lanes. Room for 200 spectators.

Saturday, February 15, 2003

- * Warm up time 8:30 AM
- * Event #1 starts at 9:15 AM
- * competition pool 25 metres
- * warm up pool 25 metres
- * Warm up - no diving into the pool except in lanes designated by meet officials.
- * Fruits, snacks, and drinks provided (you should bring your own lunch)

Scoring

Individual Events: 1st - 09, 2nd-07, 3rd-05, 4th-04, 5th-03, 6th-02, 7th-01

Relay Events: 1st - 18 2nd-14 3rd-10 4th-08 5th-06 6th-04 7th-02

Awards

Best Large Team (15 +)

The highest total score

Best Small Team (1-14)

The highest total score

Best Man for Each Age Group 1st place - highest score 2nd place - second highest score 3rd place - third highest score	Best Women Best for Each Age Group 1st place - highest score 2nd place - second highest score 3rd place - third highest score
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Ribbons will be awarded to all participants in each age group for each swim event for first, second and third place finishes.